

# Services

Friends of Citrus and the Nature Coast is a charitable organization providing community grief support workshops for anyone who has experienced a loss; telephone support; grief support resources for all ages; educational materials for parents and teachers; and children's grief support camps. Social support for widows and widowers is provided through the L.I.F.T. Program (Living Information For Today), sponsored by Dignity Memorial in Citrus County.

Herry's Kids Children's Services programs include Camp Good Hope and Teen Encounter grief support camps, which provide an honest, safe environment where kids can learn to talk openly about their loss and improve their ability to cope.

Memorial opportunities include the annual Tree of Remembrance, Renewal Memorial Services, memorial stones, Veteran's recognition and Tree of Loving Memories leaves.

All of the programs and services offered by Friends of Citrus and the Nature Coast are totally dependent on donations and fundraising.

For information about services or to donate, call 352.249.1470 or 386.454.0844; or visit [www.friendsofcitrus.org](http://www.friendsofcitrus.org) or Friends of Citrus on Facebook.



## ADMINISTRATION

P.O. Box 641270, Beverly Hills FL 34464  
3264 W. Audubon Park Path, Lecanto FL 34461

**352.249.1470**

fax: 352.527.0386

## NORTH CENTRAL FLORIDA

P.O. Box 1200, High Springs FL 32655  
18646 High Springs Main St., Suite 40  
High Springs FL 32643

**386.454.0844**

- Grief Support Workshops are Offered to Anyone Who has Experienced a Loss
- Telephone Support
- Grief Support Resources for All Ages
- Educational Materials for Parents and Teachers
- Children's Grief Support Camps
- Social Support for Widows and Widowers

Friends of Citrus and the Nature Coast Registration No. CH1413  
A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE.



[www.friendsofcitrus.org](http://www.friendsofcitrus.org)

# Educational Services & Grief Workshops

2nd Quarter

# 2019



# Grief Support Groups

## Grief Support for the Newly Bereaved

**Meets Wednesdays: 10:00 - 11:30 a.m.**  
YMCA of the Suncoast  
4127 West Norvell Bryant Highway,  
Lecanto

**Meets Wednesdays: 2:00 - 3:30 p.m.**  
Friends of Citrus and the Nature Coast  
8471 W. Periwinkle Lane, Homosassa  
(gold building on right)

**Meets Thursdays: 1:30 - 3:00 p.m.**  
First Christian Church of Inverness  
2018 Colonade St., Inverness

## Ongoing Grief Support

Groups meet throughout the month.  
For information about joining,  
call 352.249.1470.

## High Springs Support

**Meets Wednesdays: 10:00 - 11:30 a.m.**  
18646 High Springs Main St., Suite 30  
Conducted by VITAS Healthcare.



- Movies for individuals dealing with grief and loss.
- Discussion follows each movie.

# Grief Support Workshops

Unless noted, events are held at  
8471 W. Periwinkle Lane, Homosassa

- Apr. 10** Good Grief .....2:00 - 3:30 p.m.
- Apr. 16** Labyrinth Walk (Unity Church of Citrus County, 2628 W. Woodview Lane, Lecanto) .....2:00 - 3:30 p.m.
- Apr. 18** National Healthcare Decisions Day, Five Wishes; at Homosassa .....2:00 - 3:30 p.m.
- Apr. 18** National Healthcare Decisions Day, Five Wishes; at Friends of Citrus, 3264 W. Audubon Park Path, Lecanto .....5:00 - 6:30 p.m.
- Apr. 27** Camp Good Hope/Teen Encounter; at Homosassa ..... All Day
- May 9** Remembering Mom: A Mother's Day Tea .....2:00 - 3:30 p.m.
- May 16** Service of Remembrance; presented jointly with VITAS Healthcare at 3280 W. Audubon Park Path, Lecanto .....4:00 - 5:30 p.m.
- May 21** Cleaning Out the Clutter.....2:00 - 3:30 p.m.
- May 22** Examining Grief and Its Impact 2:00 - 3:30 p.m.
- Jun. 4** Bereavement Healing Through Therapeutic Collage .....2:00 - 3:30 p.m.
- Jun. 26** Grief Mythology .....2:00 - 3:30 p.m.

## Monthly Movie Matinees

Movies	Plantation Oaks Senior Living High Springs (2:00 p.m.)	Friends of Citrus and the Nature Coast Homosassa (2:00 p.m.)	VITAS in Citrus Lecanto (2:00 p.m.)	Grand Living at Citrus Hills Hernando (10:00 a.m.)
War Room	<b>Mar. 18</b>	<b>Mar. 18</b>	<b>Apr. 1</b>	<b>Apr. 3</b>
Grace Unplugged	<b>Apr. 15</b>	<b>Apr. 29</b>	<b>May 6</b>	<b>May 1</b>
One Special Night	<b>May 20</b>	<b>May 20</b>	<b>June 3</b>	<b>June 5</b>
Return to Me	<b>June 17</b>	<b>June 24</b>	<b>July 1</b>	<b>July 3</b>

# Educational Workshops

Held at 8471 W. Periwinkle Lane, Homosassa  
(gold building on right)

## ----- State-Approved Alzheimer's Training -----

(Level 1 and Level 2 can be taken on the same day or on separate days)

Level 1 ..... 8:30 a.m. - 12:30 p.m.

Level 2 ..... 12:30 p.m. - 4:30 p.m.

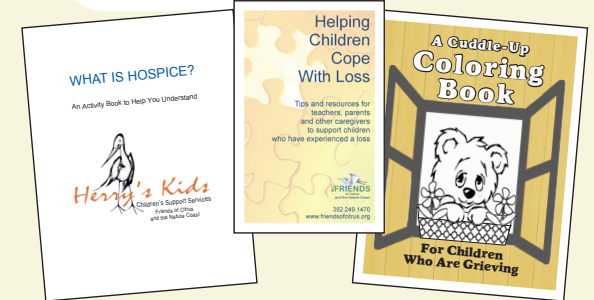
Both Levels Offered On Each Date Below:

**April 12                      May 24                      June 28**

Class Fees: Level 1 – \$30; Level 2 – \$50  
(due prior to receiving certification)



## Children's Resources



## Social Support for Widows & Widowers

L.I.F.T. (Living Information For Today) Lunch Meeting, 3rd Tuesday of every month, 11:30 a.m., Citrus Hills Golf and Country Club, 509 E. Hartford St., Hernando . . . plus other outings/activities as scheduled.

For details or reservations for any event,  
call: 352.249.1470 (Citrus County) or  
386.454.0844 (North Central Florida).